

**PSYCHOLOGY 322
BEHAVIOR MODIFICATION
FALL 2006**

Instructor: John L. Hawley, Jr., Ph.D.
Class Meeting Times and Place: MWF 11:30 AM – 12:20 PM Robinson Hall B222
Office Hours: W 12:20 PM – 1:20 PM (TH 131) (Or Appointment)
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Text: Martin, G. & Pear, J. (2005) Behavior Modification: What It Is and How To Do It (8th Ed.) New Jersey: Prentice Hall

Course Objective: To develop basic behavior modification skills used in the practice of clinical psychology and other disciplines.

Grading Policy: Grades will be determined by 5 equally weighted components: 1) two (2) separate Class Exams, 2) the Final Exam, 3) a Behavior Modification Project, and 4) Class Participation. Grading scale is 94-100 A, 90-93 A-, 87-89 B+, 84-86 B, 80-83 B-, 77-79 C+, 74-76 C, 70-73 C-, 60-69 D, 0-59 F.

1. **Class Exams:** The two Class Exams are scheduled and noted in this syllabus. Unless there are extraordinary circumstances (legitimate compelling documentation necessary), no makeup exams will be given. Exam format will be multiple choice and essay questions, and will cover all reading assignments and class discussions to date.
2. **Final Exam:** The Final Exam is scheduled for Friday 12/15/2006 from 10:30 AM to 1:15 PM. This exam will be cumulative and will cover all reading assignments and class discussions; format will be multiple choice and essay questions. University policy regarding Final Exams applies.
3. **Behavior Modification Project:** Each student will design and implement a behavior modification project, and report the results in both a written format and in an oral class presentation. The project can include any of the concepts and/or procedures discussed in the text, but it must be original, independently done, and have some utilitarian value; the written report also must adhere to basic principles of scientific data presentation and report writing. The written report (typed) is due on the day of the oral presentation (sign up list to follow).
4. **Class Participation:** Psychology 322 is an applied, practical, “hands on” clinical psychology class that draws heavily from the instructor’s decades of clinical practice for case examples. Regular class attendance and participation in class discussions, therefore, is strongly recommended. If you are not in class and participating, you are not learning the material.

Honor Code: GMU has an Honor Code. Students are expected to know, understand, and adhere to this Honor Code.

Students with Disabilities: If you are a student with a disability and you need academic accommodations, please see your class instructor and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.

Add/Drop Deadlines: The last day to add this class is 9/12/2006. The last day to drop this class is 9/29/2006.

CLASS SCHEDULE

Dates	Topics	Chapter Reading Assignments
8/28, 8/30, 9/1	Introduction, Overview, History	1, 2, 29
9/4	Labor Day Holiday (No Classes)	
9/6, 9/8	Behavioral Assessment	20, 21, 22
9/11	Behavioral Research Design	23
9/13, 9/15*	Positive Reinforcement	3
9/18	Conditioned Reinforcement	4
9/20	Extinction	5
9/22	Intermittent Reinforcement	6, 7
9/25	Shaping	10
9/27	Fading	9
9/29	Stimulus Discrimination/Generalization,	8
10/2	Generality, Response Generalization	16
10/4	Chaining	11
10/6	EXAM 1	
10/9	Columbus Day Holiday: Class meets Tuesday 10/10	
10/10	Exam 1 Feedback and Learning	
10/11	Punishment	12
10/13	Escape/Avoidance Conditioning	13
10/16	Respondent Conditioning	14, 15
10/18	Rules, Goals	17
10/20* 10/23	Modeling, Situational Inducement	18
10/25	Motivation	19
10/27	Token Economies	25
10/30	Self Control	26
11/1, 11/3*	C.B.T., Systematic Desensitization	27
11/6	Behavioral Therapy	28
11/8	Program Design and Evaluation	24
11/10	Ethics in Behavior Modification (www.apa.org/ethics/)	30
11/13	EXAM 2	
11/15	Exam 2 Feedback and Learning	
11/17, 11/20	Behavior Modification Projects	
11/22, 11/24	Thanksgiving Holiday (No Classes)	
11/27, 11/29,	Behavior Modification Projects	
12/1, 12/4		
12/6, 12/8	Review, Case Studies	
12/15	FINAL EXAM	

***Behavior Modification Project Research**