

## SYLLABUS

**Goal of course:** to survey the basic concepts and methods of therapeutic communication used in the major theories of psychotherapy.

**Last day to add:** September 12<sup>th</sup>

**Last day to drop:** September 29<sup>th</sup>

8/28	Introduction
8/30,9/1	Overview of psychotherapeutic communication (Ch.1)
9/4	LABOR DAY: NO CLASS
9/6,9/8,9/11	Psychoanalysis (Ch.2)
9/13,9/15	Carl Jung (Ch.3)
9/18,9/20	Alfred Adler (Ch.4)
9/22,9/25	Existential theory (Ch.5)
9/27,9/29	Person centered therapy (Ch.6)
10/2	REVIEW
10/4	EXAM I
10/6	Gestalt therapy (Ch.7)
10/9	COLUMBUS DAY: NO CLASS
10/11,10/13	Behavior therapy (Ch.8)
10/16	Rational emotive behavior therapy (Ch.9)
10/18	Irrational thinking and communication (video: schizophrenia)
10/20,10/23	Cognitive therapy (Ch.10)
10/25,10/27	Stages of the therapeutic communication process
10/30	Reality therapy (Ch.11)
11/1,11/3	Failure of therapeutic communication (video: <i>Trouble with Evan</i> )
11/6	REVIEW
11/8	EXAM II
11/10,11/13	Feminist therapy (Ch.12)
11/15,11/17	Family therapy (Ch.13)
11/20	Additional examples of psychotherapeutic communication (Ch.14)
11/22,11/24	THANKSGIVING: NO CLASS
11/27,11/29	Integrative approaches (Ch.15)
12/1,12/4,12/6	Critique and demonstration of examples: video (Ch.16)
12/8	REVIEW
12/18	FINAL EXAM – 10:30am-1:15pm

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**Textbook:** *Theories of Psychotherapy and Counseling* by R. S. Sharf, third edition.

**Exams:** There will be three exams, including the final, and each will count one third of your grade. Grading will be as follows: 98-100=A+; 93-97=A; 90-92=A-; 88-89=B+; 83-87=B; 80-82=B-; 78-79=C+; 73-77=C; 70-72=C-; 60-69=D; 59 and lower = F.

**Office Hours:** Monday 11:30am-12:30pm in Thompson 131

**Honor Policy:** Each student should become familiar with the honor policy at G.M.U. It will be followed in this course.

**Disability:** If you are a student with a disability and you need academic accommodations, please see me and contact the Disability Resource Center (DRC) at 703-993-2472. All academic accommodations must be arranged through that office.

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