

PSYCHOLOGY 792-002
School Psychology Practicum (Counseling)
Thursdays 7:15 pm to 8:45 pm
Psychology Clinic

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Office Hours: Thursdays 6:30 to 7:15 by appointment

This practicum is intended to provide support, feedback and group supervision to school psychology students participating in supervised counseling field placements in schools. Each student is expected to spend 4 to 6 hours per week in a school under the supervision of a practicing school psychologist or other mental health professional and engage in individual and group counseling. As a result of participation in this practicum, students will be prepared to conduct group and individual counseling sessions with greater confidence and competence.

Class time will be spent on:

- * discussing ongoing issues and experiences generated by the field placements,
- * providing additional supervision to that provided in the field placements and,
- * assigned activities and presentations.

Upon completion of this course, students will have had experience in:

- * organizing and facilitating group counseling,
- * providing individual counseling,
- * processing counseling experiences and,
- * examining their role as a counselor.

Books: Any two of the following:

Thinking, Feeling, Behaving: An Emotional Education Curriculum for Children/Grades 1-6 by Ann Vernon.

Thinking, Feeling, Behaving: An Emotional Education Curriculum for Adolescents/Grades 7-12 by Ann Vernon.

104 Activities that Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills by Alana Jones

More Team Building Activities for Every Group by Alana Jones.
Esteem Builders – A K-8 Self-Esteem Curriculum for Improving Student Achievement, Behavior and School Climate by Dr. Michele Borba

101 Games for Groups by Maxie Ashton and Lana Varga

Additional Readings: Handouts provided by instructor

Assignments:	Weekly group activity	[25% of grade]
	Individual Case Presentation	[25% of grade]
	Rating by Field Placement Supervisor	[25% of grade]
	Class Participation	[25% of grade]

If not already the case, please familiarize yourself with the George Mason Honor System and Code. Adherence to it is an expectation of this class so that we can all share mutual responsibility, respect, trust and a sense of fairness.

If you are a student with a disability and you need academic accommodations, please see me and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through the DRC office.

Grading:	A+	400	points
	A	384-389	“
	A-	372-383	“
	B+	360-382	“
	B	348-359	“
	B-	332-358	“
	C	300-331	“
	D	260-299	“
	F	< 299	“

Week 1 (Jan. 26) Introductions
 Review course assignments and expectations
 Supervision Issues
 Finalizing field placements

Week 2 (Feb. 9) Group activity demonstration by instructor
 Review of Handouts/Discussion:
 Setting up individual and group counseling (rules, permission, etc...)
 Confidentiality issues with school students in counseling
 Do's and don't's of group counseling

Week 3 (Feb. 16)	Group activity Individual case presentation Group supervision/consultation for field placements Discussion/Handout: Process vs content in counseling
Week 4 (Feb. 23)	Group activity Individual case presentation Group supervision/consultation for field placements Discussion/Handout: Difficult clients
Week 5 (Mar. 9)	Group activity Individual case presentation Group supervision/consultation for field placements Discussion/Handout: Referrals for additional support
Week 6 (Mar. 16)	No class - Spring Break
Week 7 (Mar. 23)	Group activity Individual case presentation Group supervision/consultation for field placements
Week 8 (Apr. 6)	Group activity Individual case presentation Group supervision/consultation for field placements Discussion/Handout: Termination issues
Week 9 (Apr. 20)	Group activity Individual case presentation Group supervision/consultation for field placements
Week 10 (May 4)	Group activity Individual case presentation Group supervision/consultation for field placements Guest speaker: Current issues in school counseling
May 9	Due date for Field Placement Supervisors' Ratings form to be turned in to the instructor.