Welcome! This course will focus on the theory and practice of group, family, and couple psychotherapy. You will have the opportunity to practice these therapy skills with clients. I expect you to attend class regularly and to complete all reading assignments before each class. I will use class time for lectures, discussions, videos, and class demonstrations of psychotherapy techniques.

Requirements:
One exam. You will receive a take-home final exam on Wednesday, April 26 and it is due back to me on Wednesday, May 10 by 5:00 PM. The exam is worth 100 points.

One Written Project. You can develop a scripted six-session or more group therapy manual for a population that you and the professor agree on. Alternatively, you can write a literature review and/or research proposal focused on some course topic that you and the professor agree on. Research papers are between 10 and 20 pages with 10 to 20 references or more. This project is due on Wednesday, April 26 and is worth 100 points.

One Clinical Experience. You will need to participate in at least one clinical experience. This could consist of group therapy, family therapy, couple therapy, or some other experience that you and the professor agree on. When needed, you will have individual and group supervision. This clinical work is worth 100 points.

Grading: I will calculate your final grade on your point total.
A  = 279 – 300 (93-100%)  A- = 270 – 278 (90-92%)  B+ = 261 – 269 (87-89%)
B  = 240 – 260 (80-86%)  C  = 210 – 239 (70-79%)  F   = 000 - 209 (0-69%)

If you are a student with a disability and you need academic accommodations, please see me and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.

Honor Code. All students will follow the GMU Honor Code in this course. You can look at two websites to get more information:
Class Schedule

1/25  Schemas for Group, Family, and Couple Psychotherapy

2/1  Relationship Skills


2/8 Communication Skills


2/15 Love and Sexual Interactions


2/22 Marital Therapy


3/1 Integrative Behavioral Couple Therapy


3/8 Emotionally Focused Couple Therapy

3/15 *Spring Break*  No Class

3/22 Psychotherapy with Children and Families


3/29 Structural Family Therapy


4/5 Psychoeducational Family Therapy


4/12 Comparative View of Family Theories and Therapies


4/19 Groups as Change Agents


4/26 Interpersonal Group Psychotherapy


*Written Project due*

*Receive Exam*

5/3 Group Leader Skills and Facilitation


5/10 *Final Exam due*