

INTRODUCTORY PSYCHOLOGY
Psych 100 - Section 001

M-W-F 12:30 to 1:20 p.m.
Lecture Hall, Room 1

Denna Brown, Ph.D.
Instructor

Text: Psychology: Zimbardo & Weber

Teaching Assistant:

Instructor Availability:

Telephone messages: 993-1349 mailbox #1

Office hours: M-W 1:30-2:30; F 11:30-12:20 David King Hall-Room 3041

Course Objectives:

1. to provide a broad overview of the main subareas of psychology
2. to learn the meaning of the basic concepts and vocabulary of psychology
3. to understand how psychology works in our personal lives

Course Requirements:

1. Attendance is not mandatory but is necessary to get high marks. Material presented in class will not necessarily be taken from the text although it will be on the same topics. This lecture or other material will be included on the exams. Therefore, if you really must miss class, arrange with someone to get notes.
2. There will be 6 quizzes but only your best 5 will count. However, there will be no makeup exams since the class is so large. If you are absent when an exam is given, the remaining 5 tests will count with no option to throw out the worst one. The scheduled quiz will cover only the material for that time period. The final exam, Monday, 15 May, 10:30-1:15, will be comprehensive over all class and text material. NOTE: THERE IS NO MAKEUP FOR ANY REASON -- documented or not. There are simply too many students to spend tens of hours writing individual make-ups. If you know from your schedule this will be a problem, take a different section.
3. Tests will be objective, e.g. multiple choice, matching, etc. Be sure to study the chapter reviews and practice tests at the end of each chapter to help you prepare for quizzes. Each quiz covers about 90-100 pages of material. Please bring a scantron and #2 pencil for machine scoring to all tests.
4. To learn about research in psychology, each student is required to participate in 5 hours of research. Sign up sheets for research are posted near the entrance to David King Hall by the water fountain/faculty mailbox room. It is best to check the research sign up boards regularly beginning early in the semester. Once you sign up, show up. There is a one credit penalty for no shows, i.e. you must then do 6 hours rather than 5. When doing research, keep a record of the title, contact person, date, time, and place of the experiment. Submit the Research Participation Form to the box by the subject sign up board within two weeks. This is a requirement of the Psychology Department, not the instructor. Two points will be subtracted for any unfilled research hours. No bonus is given for more than 5 hours.
5. A good time guideline is to budget 2 hours of work outside class for each 1 hour in class, so for a 3 hr./wk. class like this one, you should plan to spend about 6 hours each week reviewing notes, reading, etc. to pass, more for an excellent grade.

Course Schedule:

1. Classes begin promptly at 12:30. Given the very large size of the class, please be on time so you do not disrupt other students crawling over them to get to a seat. It would be helpful to leave the back row empty for anyone who must be late or leave early.
2. Classes meet every Monday, Wednesday, and Friday except: SPRING RECESS - MARCH 12-19.
3. The last day of class is Friday, 5 May. The final exam is Monday, 15 May from 10:30 to 1:15 p.m.
4. Semester quizzes and reading assignments--see schedule below. Please note the chapters are not presented in order so check the schedule periodically to see what is next and what is included on each exam.

ASSIGNMENT SCHEDULE

Weeks	Topics	CHapter
1-3	Introduction to Psychology as a science The role of the brain in behavior and consciousness States of mind--sleep, hypnosis, drugs <u>Quiz one Mon, 6 Feb.</u> Chapters 1, 2 & 3	1 2 3
4-6	Overview of development through the lifespan Development and theories of personality Assessing the person (pages 407-418 only)* <u>Quiz two Wed., 22 Feb.</u> Chapters 4, 10 & 11 (pages 407-418)	4 10 11
7-9	Learning Cognitive processes--memory and reasoning Assessing intelligence and the effects of learning (pages 418-440)* <u>Quiz three Mon., 20 Mar.</u> Chapters 6, 7 & 11 (pages 418-440)	6 7 11*
9-11	Sensing and perceiving our world Motivation and emotions <u>Quiz four Mon., 3 Apr.</u> Chapters 5 & 8	5 8
11-13	Dealing with stress; health psychology Dealing with the larger world, social psychology <u>Quiz five Mon., 17 Apr.</u> Chapters 9 & 12	9 12
13-15	Psychological disorder Psychotherapies <u>Quiz six Wed., 3 May.</u> Chapters 13 & 14 FINAL EXAM - Monday, May 15th from 10:30-1:15.	13 14

Grading:

Tests are worth 40 points each. Total quiz points is 200. i.e. 40/quiz X 5 best quizzes

The cumulative final is 100 points.

Total course points = 300, i.e. 200 quizzes + 100 final exam

A = 270-300 pts; 90-100% correct

D = 180-209 pts; 60-69% correct

B = 240-269 pts; 80-89% correct

F = 0 -179 pts; 0 -59% correct

C = 210-239 pts; 70-79% correct

The grading is also the same for each quiz.

A = 36-40 pts; B = 32-35 pts; C = 28-31 pts; D = 24-27 pts; F = 0-23 pts. Your final grade will reflect your cumulative points. Letter grades on individual quizzes are simply for feedback.

Honor Code:

George Mason University maintains an honor code. Do not cheat or attempt to cheat on exam. All tests are closed books. Books, notes, and other materials should be off the desk during exams. Try to keep your own test private while answering. Maintain respect for yourself and show respect for others by being honest.

Summary of Psychology 100 Research Participation Requirement

To encourage experiential learning about research at an early point in the Psychology curriculum, research participation (or a comparable research-related alternative) will be required of all students in Introductory Psychology (Psychology 100). The following summarizes your responsibilities in this process. In addition, you are invited to obtain a copy of the GUIDELINES FOR PSYCHOLOGY STUDENT RESEARCH PARTICIPATION from the Psychology Department Main Office which provides a detailed account of the rules procedures for Psychology student research participation, including the responsibilities of researchers, instructors, and students in this process.

Overview of Psychology 100 Requirement and Student Responsibilities

1. All students in Psychology 100 courses will be required to participate in a minimum of five hours of psychology research being conducted at GMU (or the comparable alternative non-participatory lecture alternative) during the semester they are enrolled in Psych 100. Those students who do not complete the required five hours of research participation will be penalized 2 percentage points for each hour not completed (e.g., up to a total of a 10 percentage penalty toward their final grade).
2. Students are responsible for checking the Subject Sign-up Board near the Psychology Department Main Office in David King Hall for research participation opportunities (and non-participatory lecture alternatives). It is important to check the board regularly, beginning early in the semester, because most studies are conducted for only part of the semester. Students are strongly encouraged NOT to wait until the last few weeks of the semester because there may not be enough opportunities at the very end of the term.
3. Students are required to show up for experiments or lectures that they have signed up for. Students who do not show up for experiments for which they signed up will receive a 1-credit penalty. Researchers will submit a No-Show Penalty form to the Undergraduate Research Coordinator and this will be recorded along with credit for completed participation. For example, if you fail to show up for one experiment, you will then be required to complete 6, not 5, hours of research (or equivalent non-participatory lectures). If a student signs up for an experiment and, for some reason, is unable to make the time appointed or decides against participation, (s)he must provide, to the researcher or designated contact person, a minimum of 24 hours notice to avoid the penalty. (Phone numbers for the researcher or designated contact person will be included on the experiment sign-up sheets.)
4. Students are responsible for submitting the Research Participation Forms (and Research Participation Feedback Forms) to the box adjacent to the Subject Sign-up Board near the Psychology Department Main Office in David King Hall. On the basis of these forms, the Undergraduate Research Coordinator will keep a record of each student's research participation activities. Note: It is the student's responsibility to keep track of and turn in these forms. [Researchers are under no obligation to replace lost forms.]
5. Students who have any questions or concerns are invited to speak to the Undergraduate Research Coordinator (whose name and office hours are posted on the Subject Sign-up Board) or to Dr. June Tangney.